

Your Oncologist Question Guide

Before you go to your oncologist appointment, is there someone you can go with for moral support? Think about what your goals are from your treatment.

It may be your cancer; however, you don't have to be alone. Print these questions and take them with you, that's a start, from PharmaMar.

GENERAL

- What is the name of my cancer?
- Which part of my body is affected?
- Why/How did I get this cancer?
- Is my cancer contagious?
- Can I get a second opinion?
- What is my prognosis going forward?
- Is there a cure?
- How does Covid impact my cancer and my care?

TESTS

- Why do I need these tests?
- Does the test hurt?
- What will you learn from this test?
- How accurate is this test?
- Is there any risk to the test?
- Will the result of this test make any difference to the treatment you provide?
- What are the results of the test I already had?

TREATMENT

- What treatments are available for my type of cancer?
- What treatments do you recommend and not recommend?
- Are there quality vs. quantity of life decisions to be made?
- How many months will treatment last?

- Where will I get my treatment and how long will each session be?
- Can I exercise/do yoga/ride my bike?
- Should I change my diet?
- What support is there for me and my family?
- What are the possible side effects of the treatment and can they be reduced?
- Will I lose my hair?
- Will I continually be feeling ill, nauseous, with many trips to the toilet?
- How is the treatment given?
- Will I receive treatment as an outpatient or be admitted to the hospital?
- How much will the treatment cost and what will be my out of pocket?
- What if this treatment does not work?
- I am feeling angry and depressed. Is this normal?
- What happens if I get adverse events or side effect?
- Can I take a holiday or take a break from treatment?

CLINICAL TRIALS

- Would a clinical trial be appropriate for me?
- What benefits and risks are there for me?
- Do I have the right to refuse?
- Can I withdraw from the clinical trial anytime